

Estates Calendar Sept/2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Bible Study 1pm Meet/Greet Thrive 5:30	5 Weight Lost Group Support group 10-11am(CWC)	6 Pregnancy and Baby 10-4pm(CWC)	7
8	9 (CWC) Beginners Line Dancing 6-7pm Resume Writing 5-6pm (CWC)	10 Computer Help 11-2 (CWC) Latin Zumba 5pm	11 West African D. 10:30am (CWC) Computer Help 11-2pm Bible Study 1pm	12 Bingo 12-2pm Weight Lost Group 10-11am (CWC)	13 Yoga Quieting 3-4pm(CWC)	14 STEM NOLA 9-12:30
15	16 Love and Action 9-3pm Zumba 5-6pm (CWC) Beginners Line Dance 6-7pm (CWC)	17 (CWC) Tuesday Tai Chi 10:30 Computer Help 11-2pm	18 Larin Zumba 10:30am (CWC) Resident Meeting 5pm	19 (CWC) Weight Lost Group 10-11am Grief Support Group 11-12pm	20 iPrevent Testing 3-6pm	21 (CWC) Move Your Brass Exercise Class 10-11am Latin Zumba 12:25-1pm(CWC)
22	23 Love and Action 9-3pm(Mon-Thurs) Beginners Line Dance 6-7pm	24 (CWC) Tuesday Tai Chi 10:30am Computer Help 11-2pm	25 (CWC) Global Burst Zumba 10:30 Bible Study 1pm	26 Bingo 12-2pm Commodities 1pm	27 Yoga Quieting 3-4pm(CWC)	28
29	30 Beginners Line Dancing 6-7pm (CWC) Resume Writing 5-6pm					
					Notes: Community Wellness Center 3155 Gentilly Boulevard New Orleans, La. 70122 (CWC)	