

# Estates Calendar May/2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Bible Study 12:30	<b>2</b> Prostate Cancer Support Group 1-3pm Community Wellness	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> Beginner's Line Dance 6-7pm Homework Help 3:30-5:30	<b>7</b> Computer Help 2-Nov Nutrition Healthy Eating 3-4pm	<b>8</b> Bible Study 12:30 Computer Help 11-2pm	<b>9</b> Bingo 12-2pm Chair Yoga for Seniors 3-3:30pm	<b>10</b>	<b>11</b> Mother's Day Luncheon 12-2pm
<b>12</b>	<b>13</b> Love and Action Food Bank Downman 9-3pm (All week)	<b>14</b> Computer Help Community Wellness 11-2pm	<b>15</b> Stress Management Group 11:30-12:30pm Resident Meeting 5pm	<b>16</b> Grief Support Group 11-12pm Chair Yoga for Seniors 3-3:30pm	<b>17</b> iPrevent Testing 3-5pm Safe Sleep for Babies 1-3pm	<b>18</b> Move Ya Brass 10-11am
<b>19</b>	<b>20</b> Love and Action 9-1pm Beginner's Line Dance 6-7pm	<b>21</b> Computer Help 11-2pm	<b>22</b> Bible Study 12:30	<b>23</b> Meditation 10:30--11	<b>24</b> Community Book Club Meeting 3-4pm	<b>25</b>
<b>26</b>	<b>27</b> <b>Memorial Day</b>	<b>28</b> Computer Help 11-2pm	<b>29</b> Computer Help 11-2pm Bible Study 12:30	<b>30</b> Bingo 12pm Commodities 1pm	<b>31</b> Summer Movie and Popcorn 11-1pm	
					<b>Notes:</b> Community Wellness Center 3155 Gentilly Boulevard New Orleans, La. 70122	