



# Bienville Basin-Iberville November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All Tuesdays in November Meditation with The Ohm Well 12:15PM-12:45PM @ Duncan Plaza 1201 Perdido St.		All Thursdays in November Meditation with The Ohm Well 12:15PM-12:45PM @ Duncan Plaza 1201 Perdido St.	Canal Street Holiday Lighting Ceremony 6:00pm
All Mondays in November Moonlight Yoga with The Ohm Well 5:30-6:30PM @ Duncan Plaza 1201 Perdido St.	<b>Election Day!!!</b>	All Wed. in November Moonlight Yoga with Stretch Ya Brass 5:30- 6:30PM @ Duncan Plaza 1201 Perdido St.	<b>Senior Commodities 1559 Iberville St. 9AM-10AM</b>	Free Aqua Yoga @ The Treme Center 9:00 am
Group Workout at the Fit Lot on the Lafitte Greenway and N. Miro. M-W-F 7:30AM- 8:30AM for adults 55+	<b>New Orleans Jazz Park Visitor Center 12:00pm-1:00pm Music Event</b>	Every Wednesdays All Ages Circuit Training at the Fit Lot on the Lafitte Greenway and N. Miro at 5:45PM		Free Aqua Yoga @ The Treme Center 9:00 am
	<b>Community Meeting 5:30 pm-7:00pm 215 Treme Street</b>			Free Aqua Yoga @ The Treme Center 9:00 am
	<b>New Orleans Jazz Park Visitor Center 12:00pm-1:00pm Music Event</b>	Yogalates @ Old U.S. Mint 6:30pm-8:30pm		Free Aqua Yoga @ The Treme Center 9:00 am